



60th IG Meeting, Riga, Latvia

PURPOSE OF THE EVENT

- Selection of individual and team champions
- Popularizing extreme running among uniformed services
- Enabling officers and soldiers to present their level of training
- Integration of various types of uniformed international services and the local environment



WAT Physical Education Centre

SCHEDULE:

15 February – Arrival, official dinner

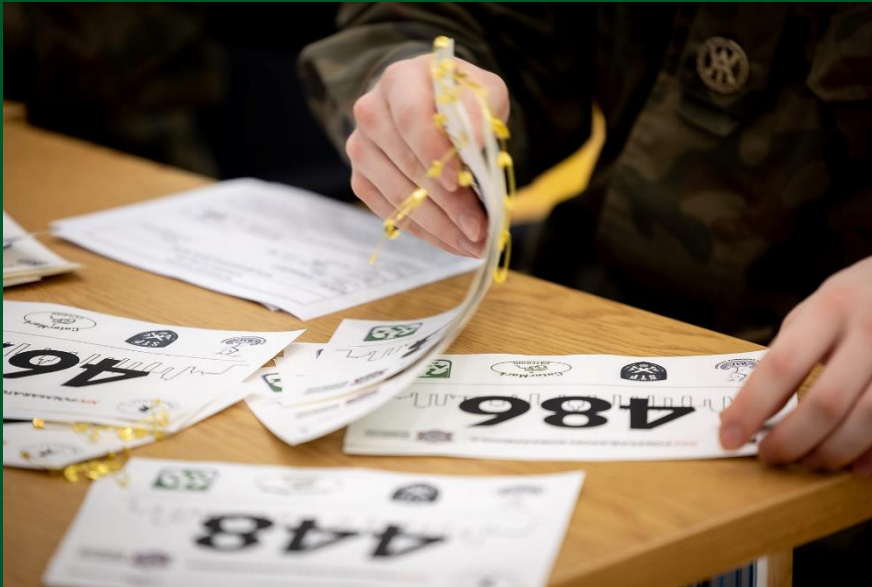
**16 February – Meeting with WAT authorities,
tour of WAT and sports facilities, Warsaw
sightseeing, workout/**preparation****

**17 February – Main race - Commando Half
Marathon, departure**

15-17 February 2024



- A total number of 30 participants will be admitted
(3 per Military Institution)
- On the day of the race – 8 a.m. - 10.30 a.m. – registration of participants
(submitting declarations, collecting starting packages with chipped numbers, confirming team registration, weighing backpacks)



RULES OF PARTICIPATION:

- full battle field or training uniforms (long-sleeved uniform, military-style shoes (hiking shoes are not allowed)
- a backpack with the colour corresponding to the uniform, weighing at least 10 kg along the entire route.



APPLICATION

Applications for the race are accepted via the application form that will be available on the Emilyo website.



Commando Half Marathon 2024

- **NO PARTICIPATION FEE!!!**
- **FREE ACCOMODATION AND MEALS PROVIDED BY MUT**
- **AIRPORT TRANSFER**



AWARDS

- **Cups for the winners of the classification**
- **All those who complete the race will receive commemorative medals**
 - **Classification of foreign universities/academies:
first three teams (3 people)**



We hope you to have your cadets among winners
Date 15-17 February 2024
The Invitation Letters will be sent soon



THANK YOU FOR YOUR ATTENTION



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